

TODAY I AM...

2020 CALENDAR

CELEBRATING 'THE PRESENT MOMENT'
WITH NEW PROMISE, GRATITUDE,
POSITIVITY, LIGHT, AND LOVE.

JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

TODAY I AM...

**EXACTLY WHERE I AM
MEANT TO BE!**

TODAY I AM...

(What are your thoughts?)

FEBRUARY 2020

TODAY I AM...

SEEKING JOY IN THE SIMPLE
MOMENTS OF QUIET AND PEACE!

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

MARCH 2020

TODAY I AM...

SMILING, LOVING, GIVING,
RECEIVING AND SENDING VIBES
OF GOODNESS AND JOY
TO THOSE WHO SURROUND ME.

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL 2020

TODAY I AM...

INVITING MY EMOTIONS
TO DANCE
NO MATTER HOW
BOLD OR BEAUTIFUL.

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

TODAY I AM...

OPENING MY THOUGHTS TO
EXPERIENCE JOY AND FREEDOM.

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JUNE 2020

TODAY I AM...

IN THE MOMENT!

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

JULY 2020

TODAY I AM...

ALLOWING MY HEART TO OPEN,
MY EYES TO SEE,
AND MY MIND TO BE SET FREE.

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

AUGUST 2020

TODAY I AM...

MOTIVATED TO LEARN
WHAT MAKES
MY SOUL SING AND
MY BODY DANCE.

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER 2020

TODAY I AM...

EMBRACING FRIENDSHIP
WITH EXPLORATION
OF OPENNESS AND LIGHT.

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER 2020

TODAY I AM...

HERE,
IT IS NOW,
TIME TO LIVE
WITH NO REGRETS.

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER 2020

TODAY I AM...

FALLING IN LOVE
WITH MY LIFE.

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER 2020

TODAY I AM...

SIFTING THROUGH MEMORIES,
LETTING GO OF THOSE
THAT DON'T SERVE ME WELL,
KEEPING TREASURED ONES.

TODAY I AM...

(What are your thoughts?)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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TODAY I AM...

2020 CALENDAR

By Patricia L. Atchison
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TODAY I AM...

AN EMPOWERING JOURNAL BACK TO SELF

FEATURING CREATIVE PRACTICES
TO ENGAGE THE MIND AND SPIRIT

CELEBRATING YOU TODAY

For information on the companion Journal

TODAY I AM...

Visit: www.patriciaatchisonauthor.com

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